

I. COURSE DESCRIPTION:

This course will review research in the origin and appearance of addiction of various kinds. The course will introduce the student to the impact of addiction to drugs, alcohol and lifestyle, including gambling. Studies will include the effects and cost of addictive behaviour on the individual, the family, the workplace, and society generally. Current research related to prevention and treatment will be introduced.

II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Develop an understanding of addictions as an individual and social problem.

Elements of the Performance

- name and describe addictions to various substances and behaviours
- describe the "addictive personality"
- compare theories of addictions
- identify the impact of addictions on the individual, the family, the workplace, and society generally

2. Describe effective intervention strategies which meet the needs and goals of children, youth, families, and relevant others.

Elements of the Performance

- name various intervention strategies
- describe a format for intervention

3. Identify and use professional development resources and activities to promote professional growth

Elements of the Performance

- demonstrate awareness of relevant professional literature
- demonstrate awareness of relevant research sources on the Internet
- demonstrate awareness of community agencies mandated to respond to addictions

4. Communicate effectively in oral, written and nonverbal forms to enhance the quality of service.

Elements of the Performance

- submit reports in clearly written and/or typed format
- demonstrate use of APA reporting style/format

III. TOPICS:

1. Alcohol
2. Barbiturates/Benzodiazepines
3. Stimulants/Opiates
4. Antipsychotic Drugs/Antidepressants/Mood Stabilizers
5. Cannabis/Hallucinogens
6. Tolerance/Dissociation
7. Dependence/Addiction/Addictive Personality
8. Effects of Genetics/Family/Society
9. Gambling Addiction
10. Theories of Addictions
11. Special Populations
12. Effective Prevention Strategies
13. Effective Assessment Strategies
14. Effective Intervention Strategies

IV. REQUIRED RESOURCES/TEXTS/MATERIALS

Provided by the College:

Relevant handouts, films and videos

Provided by the Student:

Text: Levinthal, Charles, F. (1999). Drugs, Behaviour and Modern Society. (3rd ed.). Toronto: Allyn & Bacon.

Buddy System: Please establish liaison with a HSC 204 student and get their contact number to correspond and communicate course material, notes, handouts, test dates, course changes, assignments, etc.

Calendar: Mark in important dates, exams, assignments. Dates are tentative. Please keep in touch with any changes.

V. EVALUATION PROCESS/GRADING SYSTEM:

A final grade will be derived from the following:

| | |
|--|------------|
| Research Papers (2) | 20% |
| Oral Presentation of 1 Research Paper | 10% |
| Participation | 15% |
| Test #1 | 20% |
| Test #2 | 15% |
| Test #3 | 20% |
| Total | <hr/> 100% |

Research Papers (2):

Each paper will involve at least 5 professional articles of information from sources such as vertical files, professional journals, reputable articles from the internet, books, etc. on issues related to addictions. Articles must be current (no earlier than 1989). The paper should be written APA style and proper spelling and grammar are required. The paper should be typed and approximately 5 to 6 pages in length (double spacing is required). Proper format will be discussed in class with examples. Topics will need to be approved by the instructor to avoid duplication in presentations.

All papers are due on dates that will be established with the class. Lates (other than substantiated emergencies) will be docked **5 marks per day late** (ie. overnight).

Any emergencies in handing in assignments, performing orals, or writing tests on due dates must be discussed in person or notification made to the instructor by voice mail. Failure to notify the instructor (ext 564) on or before the date will result in a zero grade for tests or orals.

STUDENTS ARE REQUIRED TO KEEP A COPY OF ALL ASSIGNMENTS SUBMITTED TO THE INSTRUCTOR.

Oral Presentation of Research Paper:

Students are required to report the findings of one of their research papers. They are encouraged to utilize handouts, activities, overheads, blackboards, or discussion with the class during their presentations. Presentations should be 10 to 15 minutes in length.

The following semester grades will be assigned to students in postsecondary courses:

| <u>Grade</u> | <u>Definition</u> | <u>Grade Point Equivalent</u> |
|--------------|--|-------------------------------|
| A+ | 90 - 100% | 4.00 |
| A | 80 - 89% | 3.75 |
| B | 70 - 79% | 3.00 |
| C | 60 - 69% | 2.00 |
| R (Repeat) | 59% or below | 0.00 |
| CR (Credit) | Credit for diploma requirements has been awarded. | |
| S | Satisfactory achievement in field placement or non-graded subject areas. | |
| U | Unsatisfactory achievement in field placement or non-graded subject areas. | |

| | |
|----|---|
| X | A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies & Procedures Manual – Deferred Grades and Make-up</i>). |
| NR | Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has not been possible for the faculty member to report grades. |

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.

RESEARCH REPORT

RESEARCH SHOULD BE IN APA FORMAT.

SHOULD INCLUDE:

1. **Cover Page**
2. **Introduction**
 - What is your topic and how will you proceed?
 - Can be done in a number of ways. (A quote, an interesting fact about it, a statement, etc.)
3. **Body of Discussion**
 - 1st paragraph may include a definition or a description or a history or some facts about the topic.
 - Each paragraph should be a new thought or a new segment of the issue or findings.
4. **Conclusion**
 - Summary of your findings that you presented or your thoughts or opinion on the subject.
5. **Bibliography/Reference Page: APA Style**

EVALUATION OF RESEARCH REPORT

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|----|--|---|
| 1. | Introduction + Conclusion | 2 |
| 2. | Grammar + Spelling | 2 |
| 3. | Organization (follows a logical flow or order) | 2 |
| 4. | Content (discussion of subject, research findings, issues) | 3 |
| 5. | APA Style (citations, references, cover page etc.) | 1 |

Total 10